



Reflecting on the Six Tasks

What do you feel good about?

Creating a safe environment that is positive to learning in a fun way.
Engage each player and team to the task selected.

What challenges you?

Age specific guidance and training at individual and team level and to show leadership.

Reflecting on Coaching Training Sessions

What do you feel good about?

I feel got about the structure of play 1, practice and play 2.
Focus on the five elements.
the guided questions and keywords,
and feedback.

What challenges you?

I will need to work hard on making it challenging for the players in a fun way.

Reflecting on Coaching Games

What do you feel good about?

It is about getting better sometime silence is better.

What challenges you?

Giving specific feedback at the correct time.

Reflecting on Leading the Player

What do you feel good about?

giving honest positive feedback keeping their age in mind

What challenges you?

Not to appear discouraging or turn off the players

Reflecting on Leading the Team

What do you feel good about?

Feel good about working as a team, passing , crosses, and taking shots.

What challenges you?

We need to find more openings and working on defending quickly when we loose the ball.

Reflecting on the Performance Environment

What do you feel good about?

I felt the players learned a lot and improved their skills.

What challenges you?

Continue focusing on the keywords and guided questions.